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Lottery Wants People To Play Responsibly; Offers Resources to Problem Gamblers

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LITTLE ROCK, Ark. – March is Problem Gambling Awareness Month, and the Arkansas Scholarship Lottery (ASL) wants to spread the word that help is available around the clock to those who need it.

"We are dedicating March to helping people 'have the conversation' about problem gambling," said Eric Hagler, ASL executive director. "Approximately 2 percent of U.S. adults are considered problem gamblers; yet for many, gambling remains a hidden addiction.

"The mission of the Arkansas Scholarship Lottery is to provide proceeds for scholarships in a responsible way. We want people to remember that lottery should be considered entertainment and not a way to make money."

Hagler encourages players to visit MyArkansasLottery.com and visit The Player's Hub where they can get in on all the winning wisdom that makes them more informed lottery players. The site provides information on how to play responsibly to understanding odds and how to claim a big prize.

In 2019 the Arkansas Scholarship Lottery received Responsible Gambling Certification from the North American Association of State and Provincial Lotteries and the National Council on Problem Gambling. The certification involves a multi-step verification program to ensure the lottery provides best practices in training for lottery employees and retailers and treatment options for players who may have a gambling problem.

Problem Gambling Awareness Month is designed to help raise awareness of the prevention, treatment and recovery services available for those adversely affected by gambling.

Hagler said problem gambling includes all gambling behavior that damages personal, family or vocational pursuits. In extreme cases, problem gambling can result in financial ruin, legal problems, loss of career and family or suicide.

If you or someone you know think you have a problem with gambling, review the questions below. If you answer yes to at least one question, you may have a gambling problem:

- 1. Have you often gambled longer than you had planned?
- 2. Have you gambled until your last dollar was gone?
- 3. Have thoughts of gambling caused you to lose sleep?
- 4. Have you used your income or savings to gamble while letting bills go unpaid?
- 5. Have you attempted to stop gambling, but couldn't?
- 6. Have you borrowed money to finance gambling?
- 7. Have you gambled to get money or to meet financial obligations?
- 8. Have you felt remorseful after gambling?
- 9. Have you felt depressed or suicidal because of gambling losses?
- 10. Have you broken the law or considered it to finance gambling?

Problem gambling is a preventable and treatable disorder. If gambling is causing a problem for you or someone you know, help is available. For problem gambling resources, visit the ASL Player's Hub at https://playershub.myarkansaslottery.com/ or call or text the 24-hour confidential National Problem Gambling Helpline at 1-800-522-4700.

About the Arkansas Scholarship Lottery

More than 92 cents of every dollar of ASL revenue goes to prizes, scholarships, retailer commissions and other expenses in Arkansas. Since 2009, the lottery has raised more than \$1.2 billion in proceeds for scholarships. More than 675,000 college scholarships have been awarded to Arkansans. The lottery has paid more than \$4 billion in prizes to players, about \$372 million in retailer commissions and provided more than \$161 million in state and federal tax revenue.

Follow the Arkansas Scholarship Lottery on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u>. Visit <u>MyArkansasLottery.com</u> for more information on scholarships, winners, games, odds, promotions – and to join The Club for free. To hear winning numbers, call the Winning Numbers Hotline at 501-682-IWON (4966). To get help with problem gambling, contact the National Problem Gambling Helpline at 1-800-522-4700.

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