

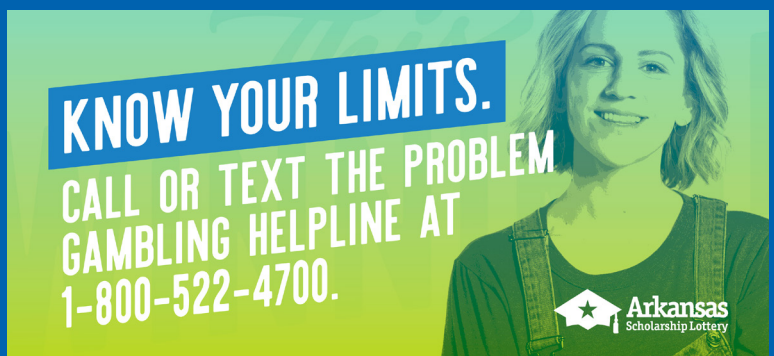
MARCH IS NATIONAL

PROBLEM GAMBLING MONTH.

DO YOU KNOW THE SIGNS?

What is problem gambling?

Problem gambling—or gambling addiction—includes all gambling behavior patterns that compromise, disrupt or damage personal, family, or vocational pursuits.



- Someone who expresses frustration, desperation, or anger about lottery play.
- Someone who plays too often or too long, not just for entertainment.
- Someone who plays until their last dollar is gone, chasing gambling losses.

Tips to help you talk to a player who you suspect has a gambling problem:

- Tell them you care and have noticed (or they told you) they are having problems.
- Tell them you have information that many find helpful.
- Ask if they would like a Responsible Gambling leaflet or remind them the Problem Gambling Helpline number is available on lottery tickets and in-store materials.
- Offer the information just like you would any other product.
- Don't try to convince someone they have a gambling problem.
- Don't confront or engage with a customer if you feel threatened or feel a situation will escalate.

Spread the word that support is available around the clock to those who need it. The National Problem Gambling Helpline offers free, confidential help 24/7 from people who understand - **call or text 1-800-522-4700**. Individuals can also chat online with a helpline specialist at ncpgambling.org/chat. Responsible gambling tips can be found on our website at MyArkansasLottery.com/PlayersHub.